



U11 - U18 Divisions

HIGH PERFORMANCE REP PROGRAM

2021-22 SEASON

BE A PART OF IT

Our program has been developed with an athlete-development focus and follows a cohesive pathway through the divisions.

- Participation in PCAHA league against similar skill teams ensuring a challenging environment for each player
- Two practices a week plus skill development sessions led by Vancouver Hockey School coaches and ProFormance Goalie School
- Access to additional skills development sessions for those players who want to achieve a higher level
- Coach mentorship and additional development opportunities to build strong team leadership

U13A1, U15, U18 additional elements

- Partnership with Oval HP for weekly dryland training (opt-in but strongly recommended for U15 A2/A3, U18A2)
- Additional elements such as mental preparation sessions and video analysis will be available

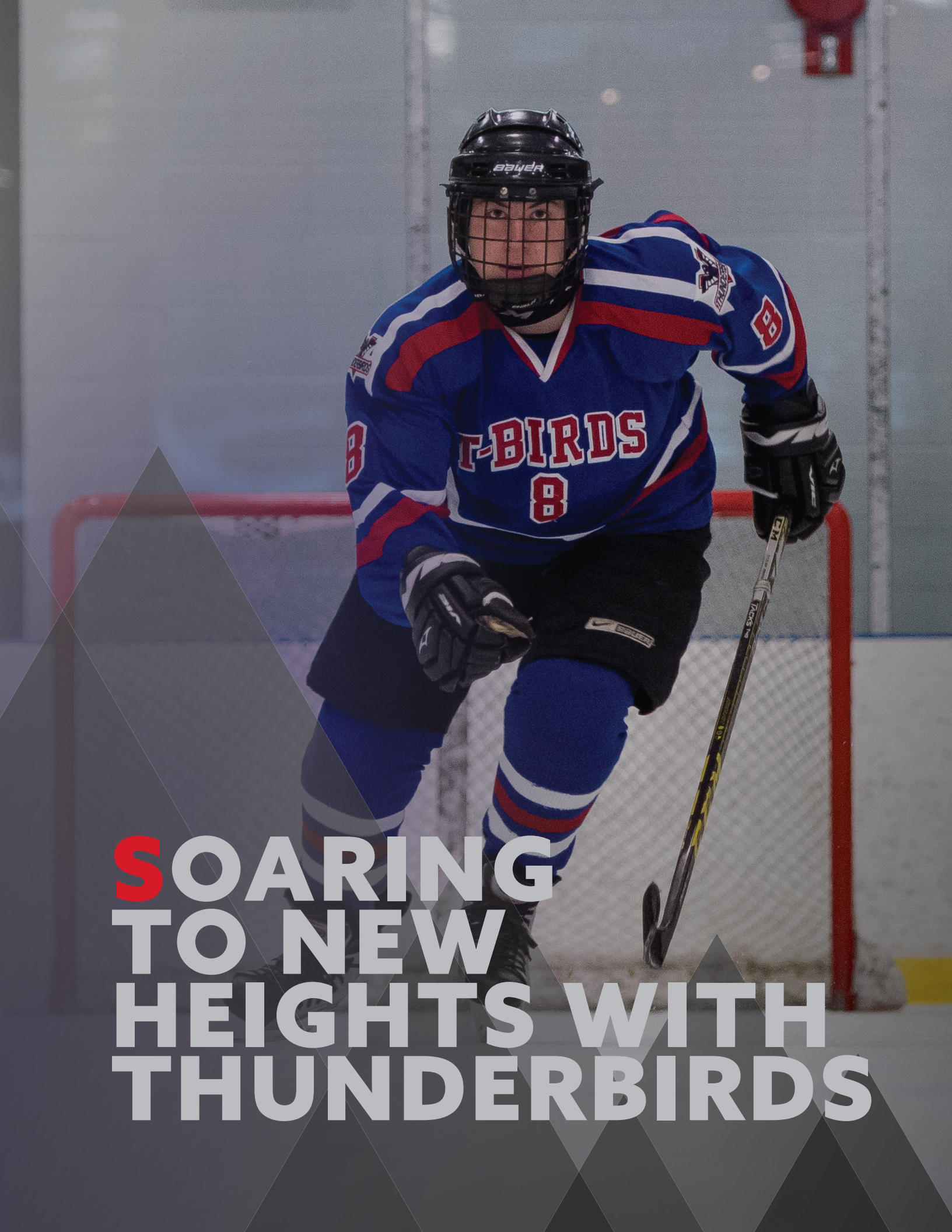
Apparel and Team Package

- For U13A1, U15A1 and U18 A1: A dryland training apparel package from Cyclone Taylor will be provided to players including a hoodie, t-shirt and shorts.
- Rep pant shell rental fee
- Two pairs TBird socks and helmet decals

Tournaments

- Program cost will include pre-payment of tournament entry fees for two or three tournaments for each team





SOARING
TO NEW
HEIGHTS WITH
THUNDERBIRDS

COMMUNITY DRIVEN – ATHLETE **F**OCUSSED

PROGRAM COST

All players selected for the A1 teams will participate in the full High Performance program. Players selected for the A2, A3 or A4 teams will participate in the program's on-ice elements and will have the ability to opt-in on a player-by-player basis for other elements.

The cost of the program is an amalgamation of the base registration fee paid in the spring, what was previously called the "rep fee" and also the majority of items that traditionally made up "team fees". It is very similar to the overall cost paid by teams in the 2019-20 season - but cost efficiencies allow for even more to be provided to each player.

The High Performance Fee by team can be found on the [season registration page on the Thunderbirds website in the Registration Fees section](#).

Each team will have a unique fee as TBirds adhere to a "pay what it costs you to play" which means each team will only pay for the elements they are being provided, and not sharing costs across a division.

The total anticipated* cost per player will be payable in two or three installments:

1. Base fee at registration (same for all TBirds U11-U18 players)
2. 50% of the High Performance Fee on October 1
3. The remaining 50% of the High Performance Fee on November 15

SKATE. SHOOT. SOAR.



WHY STAY WITH TBIRDS?

When today's U11 to U18 players first started their hockey careers, the variety of alternative programs targeting these players was not available. Now there are many options for higher performing players to participate in, but they come with a high price tag.

Our members have urged us to provide a true high performance program for our rep players to help them on their development pathway at the local level — at a more modest price than is currently available. The TBirds High Performance Program provides a compelling alternative for those players who want to continue developing as an athlete in the sport they love, while staying at home in their school and community.

At Thunderbirds, we want to see our athletes play where they are best suited, be it at home, provincially or even nationally. However, we also want every one of our players — and their families — to know they can spread their wings and soar here in Vancouver with Thunderbirds, in a challenging and rewarding hockey high performance hockey community.

Some of the elements included in the High Performance Fee:

- Contracted coach costs (Head and Assistant coaches) or weekly skill lead for parent-coached teams
- all ice time including two practices, one home game per week plus additional skill development sessions by industry leading skill instructors for skaters and goalies
- Apparel elements (socks, decals, pant shells) for all teams, with additional dryland training apparel for U13A1, U15A1, U18A1
- Fitness testing/dryland for U13A1, U15A1, U18A1 with recommended opt-in programs for other U15/U18 teams partnering with Oval HP - the training ground of Olympians
- Tournament entry fees and contract coach expenses for 2-3 tournaments
- Mental preparation sessions and video analysis opportunities for U13A1, U15, U18

OPPORTU- NITIES FOR GROWTH AND **S**UCCESS

All players selected to play in all levels of the Thunderbird rep programs will be part of the program.

The Thunderbird program allows for a progression throughout the age divisions. For our younger players, we focus on additional on-ice skill development. As players progress we introduce dryland training, mental preparation and video analysis.

FINANCIAL ASSISTANCE

All our Thunderbird players may be eligible for a variety of financial assistance programs. We do not want our program costs to restrict a player from participating. We will assist families to identify all potential assistance options, internal and external to Thunderbirds.





SKATE. **SHOOT. SOAR.**

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