



U15A Season Schedule

		GAME DAY & TIME	RINK	PRACTICE DAY & TIME	RINK	PRACTICE DAY & TIME	RINK	SKILLS DAY & TIME	RINK
U15	A1	Sun, 5:45-7:30pm	Sunset	Thu, 8:45-9:45 with dryland 7:15-8:15pm	ROON	Sat, 2:15-3:15pm	ROOS	Tue, 7:15-8:15pm rotation with A1,A2,A3 teams – mix of shared and solo sessions	Kits
U15	A2	Fri, 8:45-10:15pm	Sunset	Alternate Mon, 5:15-6:15pm with Fitness 640-740 Mon, 5:30-6:30 pm with S&C 7:15-8:15	ROOS ROON	Sat, 3:45-5:00 pm	ROOS	Tue, 7:15-8:15pm rotation with A1,A2,A3 teams – mix of shared and solo sessions	Kits
U15	A3	Sun, 7:45-9:15pm	Sunset	Alternate Mon, 5:15-6:15pm with Fitness 640-740 Mon, 5:30-6:30 pm with S&C 7:15-8:15	ROOS ROON	Thu, 8:15-9:15 pm	Hillcrest	Tue, 7:15-8:15pm rotation with A1,A2,A3 teams – mix of shared and solo sessions	Kits